

## **Health & Fitness Expo parking**

Parking will be available to all Health & Fitness Expo attendees at McCormick Place Parking Lot A for a reduced rate of \$10.

### **Driving directions to McCormick Place Parking Lot A**

*From O'Hare International Airport (22 miles), northwest or the north*

Follow I-190 East to I-90 East. This turns into I-90/94 East (Dan Ryan Expressway). Keep to the right and follow to I-55 North (Stevenson Expressway). Exit at Martin Luther King Drive (Exit #293D) and follow signs to Lot A entrance ramp located immediately to your left.

*From the west*

Take I-290 East (Eisenhower Expressway) to I-94 East (Dan Ryan Expressway). Keep to the right and follow to I-55 North (Stevenson Expressway). Exit at Martin Luther King Drive (Exit #293D) and follow signs to Lot A entrance ramp located immediately to your left.

*From Midway Airport (10 miles) or southwest*

Take I-55 North (Stevenson Expressway). Exit at Martin Luther King Drive (Exit #293D) and follow signs to Lot A entrance ramp located immediately to your left.

*From the south or Indiana via I-80/94*

From I-80/94, exit at I-94 West (Bishop Ford Expressway) and proceed on I-94 West (Dan Ryan Expressway). Follow to I-55 North (Stevenson Expressway). Exit at Martin Luther King Drive (Exit #293D) and follow signs to Lot A entrance ramp located immediately to your left.

*From Indiana Skyway*

Take I-90 West (Indiana Tollway turns into the Chicago Skyway). Merge onto I-90/94 West (Dan Ryan Expressway). Exit at I-55 North (Stevenson Expressway). Exit at Martin Luther King Drive (Exit #293D) and follow signs to Lot A entrance ramp located immediately to your left.

*From North Lakeshore Drive (US-41)*

From Lake Shore Drive, exit at 31st Street and turn right (west). Turn right again on Martin Luther King Drive. Turn left on 24th Place. Follow signs to Lot A.

*From South Lakeshore Drive (US-41)*

From Lake Shore Drive, exit at 31st Street and turn left (west). Turn right on Martin Luther King Drive. Turn left on 24th Place. Follow signs to Lot A.

*From Congress Parkway*

From Congress Parkway, turn right onto Michigan Avenue. Proceed south to Cermak Road (E. 22nd Street). Turn left on Cermak Road, to Martin Luther King Drive. Follow signs to Lot A.